# Wisconsin Coalition to End Social Isolation & Loneliness

# Reducing Social Isolation and Loneliness in Wisconsin Communities

WI Social Isolation & Loneliness Awareness Week November 12 - 18, 2023



Looking for ways to support older adults and people with disabilities who are lonely and/or isolated in your community? Join us for a series of webinars where you'll hear from the community and learn about state and local efforts to provide meaningful connections.

#### Webinar #1:

# Community Voices: Conversations on the Personal Impact of Isolation & Loneliness

Join us for a panel of people with disabilities and older adults who will talk about their experience with loneliness and ways they have found to address the situation.

When: Tuesday, November 14 | Noon - 1:30 pm CST

#### Webinar #2:

### **Our Epidemic of Loneliness and Isolation**

Join us for an overview of the Surgeon General's recently released report on loneliness and isolation and discuss practical solutions for community responses that can be implemented locally.

When: Wednesday, November 15 | Noon - 1:30 pm CST

#### Webinar #3:

#### **Improving Social Connectedness in Homebound Older Adults**

Learn about a brief, evidence-based telehealth intervention that can be integrated into aging service organizations to improve social connectedness and reduces depressive symptoms and disability ratings in homebound older adults.

When: Friday, November 17 | 11:00 am - Noon CST

Visit wihealthyaging.org/initiatives/isolation-and-loneliness/

#### Who should attend?

Community members and professionals with an interest in developing community responses to loneliness and social isolation including those in community-based organizations, health and managed care, public health, aging offices and ADRCs, independent living centers, senior living facilities, caregiver support and more!

Register for Webinar #1
Community Voices

Register for Webinar #2
Our Epidemic of L & SI

Register for Webinar #3

Improving Connectedness

# **Contact**

Tim Wellens for more information.

#### Brought to you by:

Wisconsin Coalition to End Social Isolation & Loneliness