Social Connection Awareness Week R I N G

Complete the connection activities to get at least 1 BINGO

Share a recipe with someone	Invite a neighbor over for coffee	Send a "thinking of you" message	Take a walk with a friend	Introduce yourself to someone new
Attend a community event	Visit your local library	Help someone with a small task	Play games with friends or family	Join an exercise group
Schedule a phone or video call	Volunteer or get a job	Wisconsin Coalition for Social Connection	Make someone a meal	Send a care package
Reach out for help	Work on a puzzle with others	Visit a local park	Take a class	Talk to someone about their favorite movie
Visit a community center	Write a thank you note	Join a book club or crafting circle	Carpool to work or to an event	Join a support group

Show us how you connected—upload a photo of you completing a BINGO activity here: <u>bit.ly/SCAW2025</u>.