

In Person Stroke Support



All are Welcome



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Fond du Lac County

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Stroke Support
Leader/Volunteer



My journey started on November 1, 2024 when I had two strokes at the age of 43. It changed my life and my kids lives forever. I am no longer the person I use to be.

Stroke Support



**Don't feel alone in your
journey!**

About Me

At the age of 43 while training for my first full marathon, I was taken to my local emergency room after vomiting and feeling like I had a sharp knife in my head for 3 days. After a CT Scan was performed I was rushed via ambulance to a neuro ICU due to a brain bleed. I learned then that I had suffered an ischemic stroke and hemorrhagic stroke.

In Person Stroke Support

Every 1st Thursday of the Month

Fond du Lac Senior Center
151 E. First Street Room 1
Fond du Lac, WI 54935
5:30pm

All Are Welcome

- Survivors
- Caregivers
- Family Members
- TBI Survivors
- Medical Professionals



No Registration Required

I look forward to meeting you and know that this is a safe space.

About This Group



- Safe space to share your journey
- Judgement free zone and handicap accessible
- Discuss Community Resources
- Key Speakers
- Meet new people who understand what you are going through
-

A stroke is not
something you
just get over!